

Supporting the Sangha in this Difficult Time

In Sri Lanka, everyone is facing many shortages, including milk, rice, flour, paper, petrol, and cooking gas, as well as many kinds of medicine. Inflation is rampant, and the value of the rupee is falling further everyday. When people cannot afford sufficient food for their families, it is difficult for them to offer food to the Sangha, who are completely dependent on donations. This situation is very serious for the small temples in remote villages.



Buddhist Relief Mission would like to offer essential food and medicine to these monks, nuns, and novices who are in dire straits.



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An Update on BRM Relief during Sri Lanka's Crisis

The response to our appeal has been gratifying. Some donors have suggested that, in this time of crisis, we include families and charitable institutions of all ethnic groups, and we heartily agree! With the reimposition of the State of Emergency, a breakdown of infrastructure, food and fuel shortages, and galloping inflation, the situation has become even more dire. During the first week of the project, we were able to make deliveries of food and medicine to 4 monasteries, 3 nunneries, a school for disabled children, and about 50 food-insecure families. As soon as travel is again possible, we will deliver to another nunnery, 52 families in a village north of Kandy, 20 families in another village, and 10 orphanages. By networking and cooperating with like-hearted friends, faith groups, and local organizations, we are, every day, identifying other needy institutions and families. Unfortunately, in just this one week, the cost of one parcel has gone up more than 10% and is likely to increase even more in the coming days. The crisis is certain to continue and worsen, but we are committed to continue this relief work as long as we can. Sadhu! Sadhu!! Sadhu!!! to all of our donors.

rice
dhal
soya protein
sugar
chillie powder
curry powder
chillie pieces
potatoes
onions
garlic
salt
tea
dried sprats
chick peas
cooking oil
ginger
biscuits
laundry soap
hand soap



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BRM Relief during Sri Lanka's Continuing Crisis

May 20, 2022

“Hunger is the Greatest Disease.” –The Buddha

Inflation, and shortages of food, medicine, and fuel for cooking and transportation are worsening every day. Because of the misguided ban on chemical fertilizer, farmers are reporting crop failures of almost everything, including rice, vegetables, coconuts, and bananas. With many generous donations received, Buddhist Relief Mission is networking with many temples, NGOs, and like-hearted individuals to distribute food and medicine to destitute families, monasteries, nunneries, schools and orphanages. In our next distribution, we will include children in prison with incarcerated mothers and families in which the breadwinner is in prison. Here are some of the comments from the grateful recipients and the untiring volunteers:



“I had completely run out of dry rations. I was wondering what I could cook for the children tomorrow.” –Matron of Narvodaya Boys Home for children with Down Syndrome

“Thank you for ordering so many parcels. I have not had much business, and I could not pay my staff.” –a shopkeeper in Kandy



“We were able to deliver 800 kgs of food before we ran out of petrol.” –Sylvia and Indrajith

“I delivered food to 4 poor families. One woman, a single parent with 2 kids, was almost in tears and transferred merit to donors from the bottom of her heart.” –Ven. Mettajiva



Medicine for the Kandy Cancer Home



Blue Rose Special School, Kandy



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Continuing and Expanding Relief during the Crisis in Sri Lanka



Since launching our appeal last month, Buddhist Relief Mission has been able to distribute packets of dry rations to hundreds of families, as well as temples, orphanages, schools, and other institutions in and around Kandy, but the situation grows more dire every day. We are happy to report that our project is expanding to include three new recipient groups.

rice	onions	soya protein	ginger biscuits
dhal	garlic	dried sprats	laundry soap
salt	potatoes	curry powder	hand soap
tea	chick peas	chillie pieces	
sugar	cooking oil	chillie powder	



Veddas

The Veddas are the indigenous people of Sri Lanka. They are an impoverished and often neglected community. Through the Kandy Cancer Society we were able to contact the leader of the village near Mahiyangana. Food will be delivered to 100 families there on June 16. Here is an excerpt from the letter we received:

Dear Buddhist Relief Mission,

We Sri Lankans have no words to thank you for your generosity in assisting the less fortunate people of this beautiful island. May good health and cheer be with you. My sincere greetings to all those near and far who assist in this operation.

The Veddha chief suggests we come with the rations on Thursday, his 75th birthday. We are arranging to take a parcel of dry rations and 5 coconuts for 100 families. I have invited a few Doctors to travel on this day to examine some patients who need urgent medical treatment.

We must not stop at this. Let us collectively assist whenever and wherever we can and to practice the idea of "Caring and Sharing."
With metta, Mohan



Veddas: The First People Of Sri Lanka
by Thiva Arunagirinathan

<<https://roar.media/english/life/culture-identities/veddas-the-first-people-of-sri-lanka>>

Tea Estate Workers

With the tea industry suffering a setback during the crisis, the Tamil workers on the estates are in dire straits. Our first distribution to 30 families in this group will be on Sunday, June 12.



Families of Prisoners

Through a Kandy policeman, we have been able to identify in the Kandy area about 30 families of whom the breadwinner is currently incarcerated. That policeman is arranging for dry rations to be delivered to each of those families.



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Distribution of Food to the Vedda Community in Sri Lanka

On June 16, 2022, on behalf of BRM, Mohan Samarakoon led a delegation from the Kandy Cancer Society to visit the Vedda community in Mahiyangana and donated one hundred packets of dry rations, 100 packets of tea, 300 coconuts. They also donated milk powder to many children. The team included five doctors who provided health exams and treatment. The occasion was the seventy-fifth birthday of the leader of the community. This was part of the ongoing distribution of food to the needy during the current crisis in the country.



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Continuing Distribution of Food during the Crisis in Sri Lanka



“The Buddha said: ‘If beings knew, as I know, the results of sharing gifts, they would not enjoy their use without sharing them with others, nor would the taint of stinginess obsess the heart and stay there. Even if it were their last morsel of food, they would not enjoy it, without sharing it, if there were anyone to receive it.’” —Itivuttaka 26



“Generosity is giving more than you can, and pride is taking less than you need.”
— Khalil Gibran, *Sand and Foam*

“Among the rich you will never find a really generous man even by accident. They may give their money away, but they will never give themselves away; they are egotistic, secretive, dry as old bones. To be smart enough to get all that money you must be dull enough to want it.”
— G.K. Chesterton, *A Miscellany of Men*



“When will our consciences grow so tender that we will act to prevent human misery rather than avenge it?” — Eleanor Roosevelt



“The first person who benefits from an act of charity is the benefactor himself, by seeing the changes in himself and in his manners, by finding peace, by watching a smile form on the lips of another person.”
— Aaidh Ibn Abdullah Al-Qarhi



“For it is in giving that we receive.” — St. Francis of Assisi

“Generosity is the most natural outward expression of an inner attitude of compassion and loving-kindness.”
— Dalai Lama





“There is a wonderful mythical law of nature that the three things we crave most in life—happiness, freedom, and peace of mind—are always attained by giving them to someone else.”
 –Peyton C. March



“Compassionate generosity is the foundation of true spiritual life because it is the practice of letting go. An act of generosity opens our body, heart and spirit and brings us closer to freedom. Each act of generosity is a recognition of our interdependence, an expression of our Buddha nature.” –Jack Kornfield in *A Path with Heart*



“A man is not a believer who fills his stomach while his neighbor is hungry.”
 –Prophet Muhammad



Buddhist Relief Mission

A Joyous Distribution of Food to Needy Families



As the economic crisis in Sri Lanka worsens every day, Buddhist Relief Mission continues to distribute dry rations and vegetables to needy families. Due to the current shortage of petrol, it has become increasingly difficult to reach villages outside Kandy.

On August 31, Ashoka was able to deliver parcels to ten families in a village in Matale, north of Kandy. In his search for a vehicle and driver, Ashoka had approached a neighbor, who, at first, hesitated because he was afraid that he might not have enough petrol to go that far. As soon as he learned the reason for the trip, however, he immediately agreed to go without any charge, so that he could participate in the donation.

Some of the recipients are handicapped and have serious medical problems, so the food was life-saving. All of them were extremely grateful for the aid offered by so many people around the world.

Through donations from supporters, Buddhist Relief Mission will carry on this wonderful work.



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BRM Continues Relief Work During the Crisis in Sri Lanka

Polonnaruwa



On August 31, Mohan Samarakoon, the Director of the Kandy Cancer Home (where we offer High Tea on the 15th of every month), went with a team of doctors, nurses, and staff to Polonnaruwa to distribute food, medicine, and other supplies and to offer out-patient treatment. Although we did not accompany them on this overnight trip, we contributed funds from our generous donors to help make their trip a success. In Central Province, we operate mainly through a network of friends and local groups, but, in cooperation with the Cancer Society, an official non-profit organization, we are able to extend our relief projects island-wide.



This special wheelchair was ordered from Colombo and donated to this boy.

The economic crisis in Sri Lanka continues unabated. Shortages of food, medicine, and fuel have caused many businesses to close, and many people have lost their jobs. Since the beginning of the year about 3000 doctors have left the country. Relief funds are still greatly needed.

Ambepussa



On September 9, Lily went with Tissa, the driver who has worked with us for more than ten years, his son, and his daughter to a private orphanage, established many years ago by a senior monk in Ambepussa, between Kandy and Colombo. They carried 100 kgs of rice, in addition to lots of dry rations and a box of school supplies. There are fifteen boys staying there at present in this small institution which is completely dependent on donations. We had visited the orphanage several years ago, and this was our second donation of food this year. We also sent a ring-toss toy which we had brought from Japan. The boys had a delightful time learning how to play with it, and we hope they continue enjoying this safe and non-violent game.



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A Donation to a Special School in Kandy



On September 15, as part of the celebration of the birthdays of Ken, Visakha, Lily, Mike, and Shehan, Mike and Ashoka delivered 100 kgs of rice and lots of dry rations as well as several fruit trees and pots of vegetable seedlings to the K/Senkadagala School of the Deaf & Blind. It is only in the last few months, since the beginning of the crisis, that the faculty of the school set up the agricultural project, not only to provide vegetables, but also to offer gardening training for the students. Buddhist Relief Mission was very pleased to contribute to this.

The economic crisis in Sri Lanka continues unabated. Due to shortages of many commodities, including food, medicine, and fuel, relief funds are still greatly needed.



These four photos are from our visit to the school in 2009 with the Sai Baba Association.

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Another Joyous Distribution of Food, September 2022

On September 4, Lily and her family carried parcels of dry rations for fifty needy families in Puttelawa. All of the families in that area are connected to a tea estate, but operations are currently suspended, and there is no work.

The village is in a remote area about twenty kilometers from Kandy. The road can be treacherous, but, fortunately, on that day only, there was no rain.

The priest at the temple has planted many fruit trees to provide fresh food for the villagers. Lily was happy to offer him a coconut palm sapling from our garden.

As soon conditions permit, we will distribute rations to an additional thirty families.

This is only one example of the urgent need for assistance to many needy families throughout Sri Lanka. With the support from our donors, this program will continue as long as possible.



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Another Distribution on the Tea Estate



In mid-September, Lily and her family carried many food parcels to distribute to the remaining families on the tea estate in Puttelawa. This was arranged by the priest of the Hindu Temple in the village. With this donation, we began packing the dry rations in reusable bags, rather than thin plastic bags. These were purchased from a supermarket, but the manager of the local store was so impressed with the idea of protecting the environment in this way that he has adopted the practice himself with sturdy, generic, non-branded bags.



In the midst of the ever-worsening crisis in Sri Lanka, these distributions of much needed food to destitute families are made possible by the many generous donations from our supporters. We share merit with all of them.

May all beings be happy!

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Food Relief for Families During the Crisis in Sri Lanka

Some of our most recent deliveries



The need continues as
the situation becomes
even more severe.



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Distribution of Food Relief in Jaffna

At the end of September, Lily chose to celebrate her birthday with a special distribution of food packets to families on the Jaffna Peninsula in the extreme north of Sri Lanka. She, her family, and several members of the Ayappa Society in Kandy took a three-day trip from Kandy to Jaffna, 270 kilometers away. In Kandy, they loaded their truck with hundreds of kilos of rice and other staples which are very expensive in the north. Other necessities were purchased from local merchants.

Many people in this region are still suffering from the devastation wrought during the thirty-year civil war. As she accepted the food, one woman wept, saying she had lost her husband, had nowhere to turn, and had hardly eaten for the past two days. Lily and her party were given warm hospitality from local Ayappa Society members. All the recipients expressed their great gratitude and sent many blessings to BRM donors.

Food inflation in Sri Lanka in August hit 93.7 percent. The situation throughout the country, with growing hunger, hardship, and unemployment is severe. Conditions are particularly dire in the north, but this is rarely reported. One noteworthy exception is a recent article in Al Jazeera with touching photos.



<<https://www.aljazeera.com/gallery/2022/9/19/photos-war-ravaged-sri-lankan-tamils-suffer-amid-economic-crisis>>



Nevertheless, many in the government have reacted strongly to the UN report that some citizens are reduced to one meal a day. These officials insist that there is no malnutrition in Sri Lanka, and one has even declared that one meal a day is actually a healthy way to live.

BRM will continue distributing food as long as we receive donations from our supporters.

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Community Kitchen

Assembly of God - Kandy



In the current economic crisis in Sri Lanka, about 20% of the population are suffering from malnutrition. Inflation is skyrocketing, and there is a shortage of food available in markets and supermarkets. Further complicating the situation are the lack of cooking gas and the recently increased cost of electricity.

In response to this crisis, charitable organizations are setting up community kitchens throughout the country. In Kandy, the Assembly of God Church has established a community kitchen on Peradeniya Road, serving hot and nutritious meals to about 175 people, both children and adults, five days a week. The Church depends on donations for the ingredients.



One who respectfully offers food, provides the recipient with four things—life, beauty, happiness, and strength. Having given these four things, the donor also partakes of them, whether celestial or human. One who gives life, beauty, happiness, and strength will obtain long life and fame wherever he is reborn.
—Anguttara Nikaya, 4, 58



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Lunch Packets for Cancer Patients

At the end of September, the Kandy Cancer Society began distributing lunch packets to OPD patients who come to Kandy Hospital from out of town for cancer treatment. It is very difficult for these patients to arrange the time and to find a suitable place to have lunch during the hours they have to wait at the hospital for their treatment.

The Society distributes about fifty packets a day, and each packet costs about 360 rupees (US \$1.00). Thus, the daily expenditure is about 18,000 rupees (\$50). We invite you to join in this program. All donations, large and small, will be greatly appreciated and will offer much needed relief to the unfortunate cancer patients.

Thank you for your generosity.

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You may also make a general donation for food and medicine relief to families during the crisis in Sri Lanka.

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Food Distribution in Nuwara Eliya, November 4, 2022



On November 4, the rain held off long enough for Lily, her family, and our friend Rajiv to accompany a group from the Ayappa Society to distribute food to workers on a tea estate in Nuwara Eliya. They carried parcels for one hundred families. Each family received a five-kilo bag of rice, a litre of cooking oil, and dry rations packed in a reusable cloth shopping bag. Thus, plastic pollution was kept at a minimum.

Unexpectedly, more than two hundred families were waiting for the distribution. As soon as possible, Buddhist Relief Mission will send parcels to the remaining families, and to other needy communities, as well.



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Completing Distribution on the Tea Estate

On November 12, just two days before her cataract surgery, Lily and her family accompanied a delegation from the Ayappa Society in Kandy to deliver rice and dry rations from Buddhist Relief Mission to the remaining 150 families on the tea estate in Nuwara Eliya. The event was organized by the priests of the Hindu temple on the estate. As you can see from the smiling faces, everyone rejoiced in sharing merit with the donors from around the world.

Sadhu! Sadhu!! Sadhu!!! to all who made this joyous occasion possible! As we receive more donations, the distribution will continue.



According to a recent UNICEF report on Sri Lanka:

5.7 million people, including 2.3 million children, are in dire need of food support

15.7 percent of children under 5 are suffering from malnutrition.

children could face severe stunting and death because their families are starving

malnutrition in Sri Lanka is the second worst in South Asia and the tenth worst in the world



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in the U.K.:

contact
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Distributing Dry Rations to the Needy in Sri Lanka

With the increasing inflation, the need for supplementary food assistance grows ever greater. With the help of our network of friends and volunteers, Buddhist Relief Mission continues to distribute dry rations—including rice, potatoes, beans, flour, sugar, and cooking oil—to families and institutions.

As we offer the parcels, we share merit with our generous donors, with departed friends and relatives, and with all those who are celebrating birthdays and other special occasions.

There is no end in sight, and we will continue this project as long as donations permit.



Generosity brings happiness at every stage of its expression. We experience joy in forming the intention to be generous. We experience joy in the actual act of giving something. And we experience joy in remembering the fact that we have given.



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A New Donation of Food to Blue Rose Special School and Training Centre



Several months ago, Buddhist Relief Mission donated a parcel of dry rations to the family of each student of Blue Rose School in Kandy. Recently, we contacted the Principal, and she informed us that the school had begun serving lunches to the students. After receiving the list, we were able to provide two three-wheelers full of provisions. Here is an excerpt from the letter of appreciation we received:

Due to the Covid pandemic and the economic situation in Sri Lanka, in which parents began to find it difficult to provide lunch packets for students to bring to school, attendance dropped from 60 students per day to an average of only 20. One of our donors suggested providing a mid-day meal. Initially, this was a very big challenge as the food prices were skyrocketing and labour fees were high. We wondered whether the cooking could be handled by the Vocational Training Unit (VTU), and this has been successful. Since August, the VTU (2 staff members and 15 students) have been preparing simple but nutritious and healthy meals 3 days a week—Monday, Tuesday and Thursday. (Due to the high cost of transport we keep the school closed on Wednesdays.)

As a result of this mid-day meal program, we have seen very interesting changes in the school. Student attendance improved to an average of 40 students a day. Some parents got together and offered not only to provide food for Friday, but also to cook. The VTU students have received a little pocket money for their input into the program. Adult students feel valued and enjoy being part of everyone's meal preparation. Autistic students, who depended on specially prepared meals from home, enjoy the meals provided by the school. The VTU Students have increased their skills in preparing snacks and are encouraged to prepare their own snacks. Finally, many well-wishers have decided to celebrate their birthdays or special days by contributing to the midday meal.

When the program began the cost per day for a simple meal for all the students was Rs. 5000, but it has increased to Rs.12,500.



The hunger crisis in Sri Lanka is worsening every day. Buddhist Relief Mission is working through a growing network of volunteers to provide much-needed food and medicine to as many communities and institutions as our funds allow. Donations, large and small, are greatly appreciated. 100% of every donation goes to charity. There is no overhead. BRM is a 501(c)3 organization, and all USA donations are IRS tax-deductible.



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Buddhist Relief Mission

Holiday Cheer for Orphans in Kandy



On December 23, Buddhist Relief Mission delivered cake, fruit, yoghurt, vegetables, dry rations, baby formula, diapers, cough syrup, coloring books, crayons, and many stuffed animals to Tikiri Sevana, an orphanage in the hills of Kandy, for the twenty children there.



Please help support our distribution of food and medicine to families and institutions suffering from severe shortages during this economic crisis in Sri Lanka.



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A Marvelous Community Youth Initiative




Several years ago, a university student, Manjula, contacted Buddhist Relief Mission for assistance. The temple in his village, near Kurungala, was badly in need of repairs. We visited the community and met the school principal, other local officials, and the monks of the temple. We were told that villagers would do all the work. Happily, we could provide the funds, and the job was successfully completed.

We kept in touch, off and on, and Manjula finished his studies. The community was affected by Covid, of course, and local plantations were severely impacted by the government's fertilizer ban and the economic collapse.

Last month, Manjula again took the initiative and asked whether BRM could provide food parcels for one hundred distressed families. Given fuel shortages and the high cost of transportation, we asked him to find out what was possible locally. He readily agreed, and we were able to transfer the funds. This is his report:

To ensure that the one hundred neediest families received the dry ration parcels you gave us the money for, I personally checked the list of recommended families which I had gotten from village community heads or Grama Sevaka. Then, to reduce the cost, we went to local wholesale shops who gave us low prices for buying rice and beans in bulk. Likewise, we went to a local coconut mill with recycled bottles to buy coconut oil. The cloth bags were purchased from a small sewing business. In this way, we were able to reduce the cost for each dry ration pack without losing any quality. Also, this helped to support our local businesses which are facing great difficulties in these hard times. We had free transportation support, thanks to friends and community members, who volunteered their own vehicles.

All the parcels were distributed in a remarkable ceremony in the community center. Manjula and his friends made sure we were able to attend the ceremony via ZOOM. It was extremely well-organized, and the distribution was beautifully managed. Congratulations and much thanks to Manjula and his friends!

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Kenneth Kawasaki

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Buddhist Relief Mission

Cooperation and Sharing Merit in Distribution of Food in Kandy



Tourist Police

Buddhist Relief Mission was happy to cooperate with Kandy Tourist Police in distributing parcels to twenty-six needy families in Kandy. We received this letter from the representative.



<https://www.paypal.com/donate/?hosted_button_id=E4PWEKXHBG55G>

Dear Buddhist Relief Mission,
The people of the Kandy Charity Project extend their heartfelt wishes. All the families are very grateful for your donation. May you and all your donors prosper and be happy and healthy.

Sincerely,
G. T. Indrajith

An acute economic crisis since early 2022 has caused severe food insecurity in Sri Lanka, and the situation is predicted to deteriorate between October 2022 and February 2023. An estimated 6.2 million people (28 per cent of the population) are moderately acute food insecure, while 66,000 people are severely acute food insecure. Two in five households (41.8 per cent) spend more than 75 per cent of their expenditures on purchasing food, leaving little to spend on health and education. Many families have exhausted their savings and are struggling due to crippling inflation. -From a UNICEF report in December 2022

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Medical Equipment

In addition to distributing food and providing medicine, Buddhist Relief Mission has purchased a bedside commode, a wheelchair, and a walker, which we lend out for as long as they are needed. We hope to expand this program, as well.



Lighthouse Church

Several times, the Pastor of Lighthouse Church in Anniwatte has identified needy families and helped us distribute numerous parcels of dry rations. We are grateful for the cooperation of local organizations. We sincerely believe that, in carrying out this project, we can all be STRONGER TOGETHER!



Buddhist Relief Mission

www.brelief.org – buddhist@brelief.org

Food Parcels for One Hundred Fifty Families in Monaragala



In celebration of the New Year and in memory of the President of the Ayappa Society of Kandy, who passed away in December, Buddhist Relief Mission donated parcels of dry rations to 150 families in a poor village in Monaragala, Uva, Sri Lanka. The parcels were distributed by members of the Ayappa Society on January 5.

Buddhist Relief Mission has worked closely with the Ayappa Society and other organizations in identifying needy families and distributing food parcels and medicine. The need is great throughout the country.

Donations are deeply appreciated.



About one in four households have adopted crisis or emergency livelihood coping strategies, such as selling productive assets, reducing essential healthcare expenses, and withdrawing children from school.

More and more Sri Lankans are eating less—and eating less nutritious food—as the island nation shrinks further into poverty. Experts say the unending economic crisis has sharply upped the poverty graph in a country once compared with Singapore.

One of the regions most severely affected is Monaragala in Uva Province.
—www.thefederal.com



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Buddhist Relief Mission

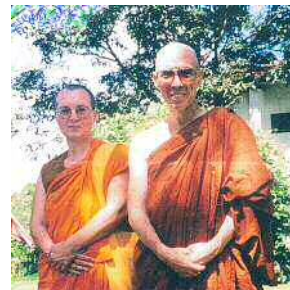
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Dana in Honor of Ven. Ayya Mie Vimala



On January 3, 2023, the German nun, Ven. Ayya Mie Vimala, passed away in Kandy. She had been suffering from pancreatic cancer for several months.

Although she was born in Germany, she had spent most of the last thirty years in Japan, Hawaii, and Sri Lanka in meditation, Dhamma study, and writing. She was a student of the late Ven. Nyanaponika MahaThero, the founder of Buddhist Publication Society.



With Ven. Bhikkhu Bodhi

Here are the links to two essays about her death and funeral:

- https://www.brelief.org/vimala/Ayya_Vimala_Appreciation.pdf
by Ven. Bhikkhu Bodhi
- [https://www.brelief.org/vimala/Farewell to Ven. Ayya Mie Vimala.pdf](https://www.brelief.org/vimala/Farewell_to_Ven._Ayya_Mie_Vimala.pdf)
by Ken and Visakha Kawasaki

Ven. Vimala was seventy-nine years old. In her honor, on February 6, one month after her death, Buddhist Relief Mission will offer parcels of dry rations to seventy-nine families who are facing food insecurity and snacks for children and novices in a Dhamma School at this time of economic crisis in Sri Lanka. We invite everyone to join in this memorial.



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Ven. Vimala in Hawaii

Donations may also be made:

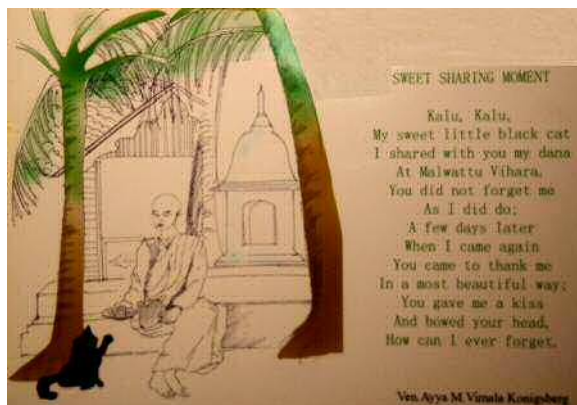
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Buddhist Relief Mission



Distribution of Dry Rations in Memory of Ven. Vimala



On February 3, 2023, Buddhist Relief Mission offered parcels of dry rations to 79 families in memory of Ven. Vimala, who died January 3 at the age of 79. 49 parcels were given out at the Kandy Tourist Police Station. Parcels were delivered to the homes of 30 families in a village in Halloluwa, across the river from Kandy. Here is the link to a short video showing the difficult trek to some of the houses.

<https://www.brelief.org/support/Halloluwa.mp4>

In Memory of Ven. Vimala, dry rations were also given to Ven. Nanda Theri, the Mother Teresa Center for the Handicapped, and an elders' home in Kandy.

The economic crisis is worsening every day, and more and more families face dire food insecurity. As long as donations are received, Buddhist Relief Mission will continue to distribute food parcels to the needy.



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Lunch Packets for Cancer Patients

At the end of September, the Kandy Cancer Society began distributing lunch packets to OPD patients who come to Kandy Hospital from out of town for cancer treatment. It is very difficult for these patients to arrange the time and to find a suitable place to have lunch during the hours they have to wait at the hospital for their treatment.

The Society distributes about fifty packets a day, and each packet costs about 360 rupees (US \$1.00). Thus, the daily expenditure is about 18,000 rupees (\$50). We invite you to join in this program. All donations, large and small, will be greatly appreciated and will offer much needed relief to the unfortunate cancer patients.

Thank you for your generosity.

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You may also make a general donation for food and medicine relief to families during the crisis in Sri Lanka.

"Sri Lanka Relief"

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