

Hunger is the Greatest Disease



Our dear friend, Jagath, is the owner and chief driver of Jagath Tours, the most reliable tour agency we know in Sri Lanka. His grandfather, his father, and he were stewards for Ven. Sumedha, the Swiss monk and artist who lived for many years in Manapadassana Cave in Halloluwa, Kandy. When Jagath takes tourists around the island, particularly to the Cultural Triangle, Buddhist Relief Mission frequently gives him money so that he can buy food and medicine locally for members of the Sangha and needy families that we could not otherwise reach. On a recent tour, he was able to provide, in addition to dry rations, several boxes of much needed blood glucose test strips to diabetic nuns in Anuradhapura. We are very grateful for Jagath's assistance with our relief project, and his customers are delighted that they can be part of the donation.

GENEROSITY BRINGS HAPPINESS AT EVERY STAGE OF ITS EXPRESSION. WE EXPERIENCE JOY IN FORMING THE INTENTION TO BE GENEROUS. WE EXPERIENCE JOY IN THE ACTUAL ACT OF GIVING SOMETHING. AND WE EXPERIENCE JOY IN REMEMBERING THE FACT THAT WE HAVE GIVEN.



THE BUDDHA SAID: "IF BEINGS KNEW, AS I KNOW, THE RESULTS OF SHARING GIFTS, THEY WOULD NOT ENJOY THEIR USE WITHOUT SHARING THEM WITH OTHERS, NOR WOULD THE TAIN OF STINGINESS OBSESS THE HEART AND STAY THERE. EVEN IF IT WERE THEIR LAST MORSEL OF FOOD, THEY WOULD NOT ENJOY IT, WITHOUT SHARING IT, IF THERE WERE ANYONE TO RECEIVE IT."

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Every Friday, the Miracle House Church in Kandy prepares box lunches of curry and rice and distributes them to poor people on the streets of Kandy, many of whom are homeless. We are pleased that Buddhist Relief Mission has been able contribute to this project several times. Seeing the happy faces of the people as they receive the lunch packets is truly a joy. We express a hearty "Well done!" to the pastor and members of the church who devote their time carrying out this work each week.



https://www.paypal.com/donate/?hosted_button_id=E4PWEKXHBG55G

Donations may also be made

in Sri Lanka via:
Commercial Bank,
Anniwatte Branch
A/C 8254001210
Kenneth Kawasaki

in the U.S. via:
River Bank & Trust
Buddhist Relief Mission
A/C 0290500969
ABA Code: 062206567

In case of a bank deposit, please send donor's name, the amount, and "Sri Lankan Relief" by SMS or WhatsApp to +94-77-964-9292 or by email to <buddhist@brelief.org>

For donation by check or international bank transfer please send a request for instructions.



Buddhist Relief Mission
www.brelief.org – buddhist@brelief.org

Your donations will help Buddhist Relief Mission provide food, medicine, and other essentials to families, students, schools, monasteries, hospitals, and other institutions in Sri Lanka during this economic crisis. Thank you for your generous support!
Sadhu! Sadhu!! Sadhu!!!