Recent Buddhist Relief Mission Activities



Food Parcels for Needy Families

The recently elected Sri Lankan government is trying very diligently to readjust the economy and to compensate for years of mismanagement and corruption. Nevertheless, inflation is high, and the situation is still critical for many ordinary people. During this difficult time, Buddhist Relief Mission continues to distribute parcels of dry rations to destitute families wherever and whenever we can.

Uniforms for a School Marching Band



Click the photo for a 12-second video of the band in action

Pete Seeger believed in the power of song, and we agree that music is important to a good education. When we were asked to provide uniforms for this impoverished rural school, we were delighted to find a donor. Please listen to children proudly perform.



Kandy Cancer Home

Every month, on the 15th, we offer high tea, dry rations, and medicine to the residents of this center. Before they eat, they share merit with donors. Click the photo for a video of their singing "Happy Birthday" to Visakha.



Venerable Nanda

Each month, we provide a parcel of dry rations and medicine to this elderly nun who resides in a hermitage on a former tea estate near Kandy. We often invite her to join a dana with our students in Anniwatte.



Ven. Tsundue

We continue to support this Canadian nun, a student of the late Lama Zopa Rinpoche, in her study and practice. She recently celebrated her birthday in Malaysia.



https://www.paypal.com/donate/?hosted button id

Medical Assistance

BRM occasionally receives requests for medicine, medical equipment, physical aids, such as a bedside commode or a wheelchair. We try never to refuse such a request. This elderly woman suffers from severe osteoporosis and needed a walker. Godwin Memorial Fund assisted us in buying one.



Refugee Aid

We were happy to meet members of the Aid Committee of the local mosque and to learn that they are assisting the Rohingya refugees. We will be able to coordinate our efforts with them.

Poya Day at Methasevana Rehabilitation Center

Every month on Poya Day, the young men at this center take sila and meditate with a monk. BRM provides lunch packets for their practice. In October, Vipul, our SERVAS guest from India, led them through a session of yoga. Congratulations to Amila, who just received his counseling degree from Royal

High Campus. Buddhist Relief Mission supported his study.



Donations may also be made

in Sri Lanka via: Commercial Bank, Anniwatte Branch A/C 8254001210 Kenneth Kawasaki

in the U.S. via: River Bank & Trust Buddhist Relief Mission A/C 262527856 ABA Code: 062206567 For a bank deposit, please send donor's name and the amount by SMS or WhatsApp to +94-77-964-9292 or by email

daughter of Ashoka, our three-wheeler driver.

+94-77-964-9292 or by email to < buddhist@brelief.org>

For international bank transfer, please send a request to

< buddhist@brelief.org > for instructions.

School Supplies Donated by "From Our Hands to Their Hearts"

Buddhist Relief Mission was happy to cooperate with this activist youth group

in their initiative of donating supplies-exercise books, pens, etc.-to fifty poor

students at a small school in a village near Kandy. We were introduced to this

group by Rebecca, one of the five female members of the group, who is the



Your donations will help Buddhist Relief Mission to carry out programs such as these, providing food, medicine, and other essentials to families, students, schools, monasteries, hospitals, and other institutions in Sri Lanka and assisting refugees in both Sri Lanka and Bangladesh. Thank you for your generous support!

Sadhu! Sadhu!! Sadhu!! Sadhu!!!



When we give cheerfully and accept gratefully, everyone is blessed. —Maya Angelou













and WhatsApp: +94-77-964-9292